

**Market Price Information of Mongar for July, 2022**

| Sl no | Category                                  | Product                          | Brand / Trade Name                | Country of Origin | Specification<br>(Net weight/<br>Volume) | Price of goods |        |         |
|-------|---|----------------------------------|-----------------------------------|-------------------|--|----------------|--------|---------|
|       |   |                                  |                                   |                   |  | Highest        | Lowest | Average |
| 1     | <b>Rice, Flour &amp; Pasta</b>            | Basmati Rice                     | Zheychem Dangpa                   | Bhutan            | 20kg                                     | NA             | NA     | NA      |
| 2     |   | Basmati Rice                     | Zheychem Chogjur                  | Bhutan            | 20kg                                     | 1350           | 1350   | 1350    |
| 3     |   | Basmati Rice                     | Nawab                             | India             | 20kg                                     | 1350           | 1300   | 1333    |
| 4     |   | Basmati Rice                     | Tibar                             | India             | 25 kg                                    | 1350           | 1250   | 1283    |
| 5     |   | Surekha Rice                     | SK Gold                           | India             | 25kg                                     | 850            | 850    | 850     |
| 6     |   | Surekha Rice                     | SK & Sons                         | India             | 25 kg                                    | 850            | 850    | 850     |
| 7     |   | Sortex Rice                      | Raj Bhog Kumar                    | India             | 25kg                                     | 1150           | 1000   | 1083    |
| 8     |   | Flour (Atta)                     | Amrit Bhog                        | India             | 1kg                                      | 50             | 45     | 48      |
| 9     |   | Flour (Atta)                     | Amrit Bhog                        | India             | 5kg                                      | 220            | 200    | 213     |
| 10    |   | Flour (Maida)                    | Amrit Bhog                        | India             | 1kg                                      | 50             | 45     | 48      |
| 11    |   | Flour (Maida)                    | Amrit Bhog                        | India             | 5kg                                      | 220            | 200    | 213     |
| 12    |   | Instant Noodle                   | Koka (Chicken Flavour)            | Singapore         | 85g                                      | 30             | 30     | 30      |
| 13    |   | Instant Noodle                   | Maggi (Masala)                    | India             | 75g                                      | 10             | 10     | 10      |
| 14    |   | Instant Noodle                   | Wai Wai (Chicken)                 | India             | 75g                                      | 10             | 10     | 10      |
| 15    |   | Instant Noodle                   | Samyang Ramen (Spicy Chicken)     | Korea             | 140g                                     | 90             | 80     | 85      |
| 16    |   | Veg Noodles                      | Druk Noodles                      | Bhutan            | 400g                                     | NA             | NA     | NA      |
| 17    |   | Buckwheat Noodles                | Bhutan Ramen (Phuntshok Pal Biew) | Bhutan            | -  | NA             | NA     | NA      |
| 18    |   | Spaghetti                        | Gustora Fettucini                 | India             | 500g                                     | NA             | NA     | NA      |
| 19    |   | Fusilli Pasta                    | Finosta                           | India             | 500g                                     | 150            | 150    | 150     |
| 20    |   | Elbow Pasta                      | Keya                              | India             | 500g                                     | 130            | 25     | 78      |
| 21    | <b>Frozen and Processed Meat Products</b> | Tuna Chunk in Soya Oil           | Nautilus Lite                     | Thailand          | 125g                                     | 175            | 175    | 175     |
| 22    |   | Tuna in Vegetable oil            | Brook                             | Thailand          | 125g                                     | NA             | NA     | NA      |
| 23    |   | Chicken Frankfurter Sausage      | BLDC, Bhutan                      | Bhutan            | 450g                                     | NA             | NA     | NA      |
| 24    |   | Chicken Sausage (Local Flavored) | BLDC, Bhutan                      | Bhutan            | 1kg                                      | NA             | NA     | NA      |
| 26    |   | Pork Ham                         | BLDC, Bhutan                      | Bhutan            | 1kg                                      | NA             | NA     | NA      |
| 27    |   | Chicken Sausages                 | Keventer                          | India             | 500g                                     | NA             | NA     | NA      |

|    |                               |                            |                          |                  |        |       |     |     |    |
|----|-------------------------------|----------------------------|--------------------------|------------------|--------|-------|-----|-----|----|
| 28 | Breakfast Cereals & Biscuits  | Cornflakes (original)      | Kellogs                  | India            | 250g   | 175   | 175 | 175 |    |
| 29 |                               | Muesli (Fruit and Nut)     | Bagrrys                  | India            | 500g   | 65    | 65  | 65  |    |
| 30 |                               | Chocoflakes                | Shanti                   | India            | 375g   | 285   | 285 | 285 |    |
| 31 |                               | Good day Biscuit (Butter)  | Britannia                | India            | 250g   | 30    | 30  | 30  |    |
| 32 |                               | Marie Gold Biscuits        | Britannia                | India            | 250g   | 30    | 30  | 30  |    |
| 33 |                               | Cream Crackers (original)  | Hup Seng                 | Malaysia         | 428g   | 115   | 115 | 115 |    |
| 34 |                               | Cream Crackers             | Munchy                   | Malaysia         | 300g   | 120   | 115 | 118 |    |
| 35 |                               | White Oat                  | Bagrrys                  | India            | 500g   | NA    | NA  | NA  |    |
| 36 |                               | Dairy and Poultry Products | Toned Milk               | Amul Taaza       | India  | 1 ltr | 70  | 70  | 70 |
| 37 |                               |                            | Toned Milk               | Keventer         | India  | 1 ltr | 65  | 65  | 65 |
| 38 | Toned Milk                    |                            | Go                       | India            | 1 ltr  | NA    | NA  | NA  |    |
| 39 | Toned Milk                    |                            | Zimdra Nutrilife         | Bhutan           | 1 ltr  | 70    | 70  | 70  |    |
| 40 | Fresh Milk                    |                            | Local                    | Bhutan           | 1ltr   | NA    | NA  | NA  |    |
| 41 | Processed Butter              |                            | Amul                     | India            | 500g   | NA    | NA  | NA  |    |
| 42 | Fresh Butter                  |                            | Local                    | Bhutan           | 1kg    | NA    | NA  | NA  |    |
| 43 | Fresh Cheese                  |                            | Local                    | Bhutan           | 1 ball | NA    | NA  | NA  |    |
| 44 | Processed Cheese              |                            | Amul Cheese Block        | India            | 1kg    | NA    | NA  | NA  |    |
| 45 | Processed Cheese              |                            | Britannia Cheese Block   | India            | 1kg    | 510   | 490 | 500 |    |
| 46 | Processed Cheese              |                            | Go Cheese Block          | India            | 1kg    | NA    | NA  | NA  |    |
| 47 | Processed Cheese              |                            | Koufuku (Druk Dzambala)  | Bhutan           | 1kg    | 485   | 485 | 485 |    |
| 48 | Egg                           | Local                      | Bhutan                   | 1 tray (30 eggs) | 420    | 390   | 405 |     |    |
| 49 | Tea, Coffee, Sweetener & Salt | Milk Powder                | Everyday, Nestle         | India            | 800g   | 425   | 395 | 413 |    |
| 50 |                               | Milk Powder                | Everyday, Nestle         | India            | 400g   | 210   | 200 | 207 |    |
| 51 |                               | Milk Powder                | Nestle CoffeeMate        | Thailand         | 450g   | 450   | 230 | 340 |    |
| 52 |                               | Milk Powder                | Nestle CoffeeMate        | Thailand         | 900g   | 420   | 420 | 420 |    |
| 53 |                               | Milk Powder                | Kreamtop                 | Thailand         | 1kg    | 420   | 385 | 398 |    |
| 54 |                               | Tea Leaves                 | Taro Taza Gold           | India            | 500g   | 290   | 290 | 290 |    |
| 55 |                               | Tea Leaves                 | Brooke Bond Red Label    | India            | 500g   | 265   | 245 | 255 |    |
| 56 |                               | Refined Sugar              | Gobind Crystal Sugar     | India            | 850g   | 45    | 45  | 45  |    |
| 57 |                               | Refined Sugar              | Amrit Gold Crystal Sugar | India            | 750g   | NA    | NA  | NA  |    |
| 58 |                               | Coffee                     | Nescafe Classic          | India            | 200gm  | 310   | 155 | 233 |    |
| 59 |                               | Coffee                     | Moccona Classic          | Thailand         | 190gm  | 350   | 350 | 350 |    |
| 60 |                               | Coffee                     | Nescafe Gold             | Thailand         | 100g   | 490   | 490 | 490 |    |
| 61 |                               | Salt                       | TATA                     | India            | 1kg    | 45    | 20  | 30  |    |
| 62 |                               | Salt                       | Saffola                  | India            | 1kg    | 45    | 40  | 43  |    |

|    |                        |                  |                             |                 |         |      |      |      |
|----|------------------------|------------------|-----------------------------|-----------------|---------|------|------|------|
| 63 | Fruit Juice and Squash | Apple Juice      | Zimdra Nutrilife            | Bhutan          | 1ltr    | 129  | 95   | 112  |
| 64 |                        | Guava Juice      | Zimdra Nutrilife            | Bhutan          | 1ltr    | 129  | 95   | 112  |
| 65 |                        | Orange Juice     | Zimdra Nutrilife            | Bhutan          | 1ltr    | 129  | 60   | 95   |
| 66 |                        | Litchi Juice     | Zimdra Nutrilife            | Bhutan          | 1ltr    | 129  | 90   | 110  |
| 67 |                        | Mixed Fruit      | Zimdra Nutrilife            | Bhutan          | 1ltr    | 129  | 129  | 129  |
| 68 |                        | Orange Squash    | Druk (BFPPL)                | Bhutan          | 1.5ltr  | 130  | 120  | 125  |
| 69 |                        | Lemon Squash     | Druk (BFPPL)                | Bhutan          | 1.5ltr  | 130  | 120  | 125  |
| 70 |                        | Orange Squash    | Royal Bhutan (BAIL)         | Bhutan          | 1.5ltr  | 130  | 120  | 127  |
| 71 |                        | Lemon Squash     | Royal Bhutan (BAIL)         | Bhutan          | 1.5ltr  | 130  | 120  | 127  |
| 72 |                        | Apple Juice      | Royal Bhutan (BAIL)         | Bhutan          | 1 L     | 95   | 95   | 95   |
| 73 |                        | Edible Oil       | Groundnut oil               | Fortune Goldnut | India   | 5ltr | NA   | NA   |
| 74 | Soyabean oil           |                  | Saffola Gold                | India           | 5ltr    | 1240 | 1230 | 1235 |
| 75 | Soyabean oil           |                  | Fortune Refine Oil          | India           | 5ltr    | 620  | 620  | 620  |
| 76 | Soyabean oil           |                  | Natural Lite                | India           | 4.5 ltr | 600  | 575  | 588  |
| 77 | Soyabean oil           |                  | Happy Makhu                 | Bhutan          | 3.9ltr  | NA   | NA   | NA   |
| 78 | Olive oil              |                  | Oleev Active                | India           | 5ltr    | NA   | NA   | NA   |
| 79 | Toiletries             | Toothpaste       | Colgate Max Fresh           | India           | 150g    | 100  | 100  | 100  |
| 80 |                        | Toothpaste       | Colgate Active Salt         | India           | 200g    | 105  | 105  | 105  |
| 81 |                        | Toothpaste       | Dabur Red                   | India           | 100g    | 100  | 100  | 100  |
| 82 |                        | Bathing Soap     | RB Dettol                   | India           | 125g    | 55   | 55   | 55   |
| 83 |                        | Bathing Soap     | Hul Life Buoy               | India           | 65g     | 35   | 35   | 35   |
| 84 |                        | Dishwashing Soap | Exo Round Bar               | India           | 500g    | 70   | 50   | 60   |
| 85 |                        | Dishwashing Soap | E&B Dishwashing Soap        | China           | 400g    | 110  | 110  | 110  |
| 86 |                        | Detergent        | Henko Stain Champion        | India           | 5kg     | 740  | 740  | 740  |
| 87 |                        | Detergent        | Mr White                    | India           | 1kg     | NA   | NA   | NA   |
| 88 |                        | Sanitary Napkin  | Stayfree Secure Extra Large | India           | -       | 36   | 30   | 33   |
| 89 |                        | Sanitary Napkin  | Stayfree Dry Max            | India           | -       | 90   | 30   | 60   |
| 90 |                        | Sanitary Napkin  | Orfit                       | India           | -       | 35   | 32   | 34   |
| 91 |                        | Sanitary Napkin  | Sofy                        | Thailand        | -       | NA   | NA   | NA   |
| 92 |                        | Tissue Roll      | Zilk                        | Thailand        | 1 roll  | 25   | 20   | 23   |
| 93 |                        | Tissue Roll      | Pulppy                      | Hongkong        | 1 roll  | NA   | NA   | NA   |
| 94 |                        | Tissue Roll      | Meto                        | Bhutan          | 1 roll  | 25   | 25   | 25   |

\*The market price has been collected from 4 major grocery shops of the Dzongkhag