

Market Price Information of Mongar for May, 2022

Sl no	Category	Product	Brand / Trade Name	Country of Origin	Specification (Net weight/ Volume)	Price of Goods		
						Highest	Lowest	Average
1	Rice, Flour & Pasta	Basmati Rice	Zheychem Dangpa	Bhutan	20kg	NA	NA	NA
2		Basmati Rice	Zheychem Chogjur	Bhutan	20kg	1390	1350	1370
3		Basmati Rice	Nawab	India	20kg	1380	1300	1343
4		Basmati Rice	Tibar	India	25 kg	1350	1300	1317
5		Surekha Rice	SK Gold	India	25kg	850	850	850
6		Surekha Rice	SK & Sons	India	25 kg	850	850	850
7		Sortex Rice	Raj Bhog Kumar	India	25kg	1100	1100	1100
8		Flour (Atta)	Amrit Bhog	India	1kg	50	45	47
9		Flour (Atta)	Amrit Bhog	India	5kg	220	220	220
10		Flour (Maida)	Amrit Bhog	India	1kg	50	45	47
11		Flour (Maida)	Amrit Bhog	India	5kg	230	220	223
12		Instant Noodle	Koka (Chicken Flavour)	Singapore	85g	40	35	37
13		Instant Noodle	Maggi (Masala)	India	75g	10	10	10
14		Instant Noodle	Wai Wai (Chicken)	India	75g	10	10	10
15		Instant Noodle	Samyang Ramen (Spicy Chicken)	Korea	140g	100	80	90
16		Veg Noodles	Druk Noodles	Bhutan	400g	NA	NA	NA
17		Buckwheat Noodles	Bhutan Ramen (Phuntshok Pal Biew)	Bhutan	-	NA	NA	NA
18		Spaghetti	Gustora Fettucini	India	500g	150	150	150
19		Fusilli Pasta	Finosta	India	500g	NA	NA	NA
20		Elbow Pasta	Keya	India	500g	NA	NA	NA
21	Frozen and Processed Meat Products	Tuna Chunk in Soya Oil	Nautilus Lite	Thailand	125g	175	175	175
22		Tuna in Vegetable oil	Brook	Thailand	125g	175	175	175
23		Chicken Frankfurter Sausage	BLDC, Bhutan	Bhutan	450g	NA	NA	NA
24		Chicken Sausage (Local Flavored)	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
25		Pork Ham	BLDC, Bhutan	Bhutan	1kg	480	480	480
26		Chicken Sausages	Keventer	India	500g	NA	NA	NA

27	Breakfast Cereals & Biscuits	Cornflakes (original)	Kellogs	India	250g	110	110	110	
28		Muesli (Fruit and Nut)	Bagrrys	India	500g	NA	NA	NA	
29		Chocoflakes	Shanti	India	375g	NA	NA	NA	
30		Good day Biscuit (Butter)	Britannia	India	250g	35	30	32	
31		Marie Gold Biscuits	Britannia	India	250g	35	35	35	
32		Cream Crackers (original)	Hup Seng	Malaysia	428g	120	115	118	
33		Cream Crackers	Munchy	Malaysia	300g	120	115	118	
34		White Oat	Bagrrys	India	500g	120	100	110	
35		Dairy and Poultry Products	Toned Milk	Amul Taaza	India	1 ltr	70	70	70
36			Toned Milk	Keventer	India	1 ltr	65	65	65
37	Toned Milk		Go	India	1 ltr	NA	NA	NA	
38	Toned Milk		Zimdra Nutrilife	Bhutan	1 ltr	80	80	80	
39	Fresh Milk		Local	Bhutan	1ltr	NA	NA	NA	
40	Processed Butter		Amul	India	500g	450	450	450	
41	Fresh Butter		Local	Bhutan	1kg	80	80	80	
42	Fresh Cheese		Local	Bhutan	1 ball	470	470	470	
43	Processed Cheese		Amul Cheese Block	India	1kg	510	510	510	
44	Processed Cheese		Britannia Cheese Block	India	1kg	500	500	500	
45	Processed Cheese		Go Cheese Block	India	1kg	NA	NA	NA	
46	Processed Cheese		Koufuku (Druk Dzambala)	Bhutan	1kg	485	485	485	
47	Egg		Local	Bhutan	1 tray (30 eggs)	380	380	380	
48	Tea, Coffee, Sweetener & Salt	Milk Powder	Everyday, Nestle	India	800g	415	400	410	
49		Milk Powder	Everyday, Nestle	India	400g	220	210	215	
50		Milk Powder	Nestle CoffeeMate	Thailand	450g	380	380	380	
51		Milk Powder	Nestle CoffeeMate	Thailand	900g	430	430	430	
52		Milk Powder	Kreamtop	Thailand	1kg	400	390	397	
53		Tea Leaves	Taro Taza Gold	India	500g	290	290	290	
54		Tea Leaves	Brooke Bond Red Label	India	500g	NA	NA	NA	
55		Refined Sugar	Gobind Crystal Sugar	India	850g	NA	NA	NA	
56		Refined Sugar	Amrit Gold Crystal Sugar	India	750g	50	45	48	
57		Coffee	Nescafe Classic	India	200gm	NA	NA	NA	
58		Coffee	Moccona Classic	Thailand	190gm	NA	NA	NA	
59		Coffee	Nescafe Gold	Thailand	100g	350	350	350	
60		Salt	TATA	India	1kg	25	25	25	
61		Salt	Saffola	India	1kg	40	40	40	

62	Fruit Juice and Squash	Apple Juice	Zimdra Nutrilife	Bhutan	1ltr	125	125	125
63		Guava Juice	Zimdra Nutrilife	Bhutan	1ltr	125	125	125
64		Orange Juice	Zimdra Nutrilife	Bhutan	1ltr	129	125	127
65		Litchi Juice	Zimdra Nutrilife	Bhutan	1ltr	125	125	125
66		Mixed Fruit	Zimdra Nutrilife	Bhutan	1ltr	139	125	132
67		Orange Squash	Druk (BFPPL)	Bhutan	1.5ltr	120	120	120
68		Lemon Squash	Druk (BFPPL)	Bhutan	1.5ltr	120	120	120
69		Orange Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	120	120	120
70		Lemon Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	NA	NA	NA
71		Apple Juice	Royal Bhutan (BAIL)	Bhutan	1 L	95	95	95
72		Edible Oil	Groundnut oil	Fortune Goldnut	India	5ltr	NA	NA
73	Soyabean oil		Saffola Gold	India	5ltr	1240	1145	1205
74	Soyabean oil		Fortune Refine Oil	India	5ltr	670	670	670
75	Soyabean oil		Natural Lite	India	4.5 ltr	665	665	665
76	Soyabean oil		Happy Makhu	Bhutan	3.9ltr	NA	NA	NA
77	Olive oil		Oleev Active	India	5ltr	NA	NA	NA
78	Toiletries	Toothpaste	Colgate Max Fresh	India	150g	100	100	100
79		Toothpaste	Colgate Active Salt	India	200g	NA	NA	NA
80		Toothpaste	Dabur Red	India	100g	NA	NA	NA
81		Bathing Soap	RB Dettol	India	125g	NA	NA	NA
82		Bathing Soap	Hul Life Buoy	India	65g	NA	NA	NA
83		Dishwashing Soap	Exo Round Bar	India	500g	50	50	50
84		Dishwashing Soap	E&B Dishwashing Soap	China	400g	130	130	130
85		Detergent	Henko Stain Champion	India	5kg	740	740	740
86		Detergent	Mr White	India	1kg	510	510	510
87		Sanitary Napkin	Stayfree Secure Extra Large	India	-	36	30	33
88		Sanitary Napkin	Stayfree Dry Max	India	-	80	80	80
89		Sanitary Napkin	Orfit	India	-	36	36	36
90		Sanitary Napkin	Sofy	Thailand	-	NA	NA	NA
91		Tissue Roll	Zilk	Thailand	1 roll	30	30	30
92		Tissue Roll	Pulppy	Hongkong	1 roll	NA	NA	NA
93	Tissue Roll	Meto	Bhutan	1 roll	25	22	24	

*The market price has been collected from 4 major grocery shops of the Dzongkhag