

## Market Price Information of Phuentsholing for May, 2022

Sl no	Category	Product	Brand / Trade Name	Country of Origin	Specification (Net weight/ Volume)	Price of Goods		
						Highest	Lowest	Average
1	Rice, Flour & Pasta	Basmati Rice	Zheychem Dangpa	Bhutan	20kg	NA	NA	NA
2		Basmati Rice	Zheychem Chogjur	Bhutan	20kg	1290	1290	1290
3		Basmati Rice	Nawab	India	20kg	1200	1195	1199
4		Basmati Rice	Tibar	India	25 kg	1270	1200	1243
5		Surekha Rice	SK Gold	India	25kg	785	620	693
6		Surekha Rice	SK & Sons	India	25 kg	800	620	707
7		Sortex Rice	Raj Bhog Kumar	India	25kg	1050	880	956
8		Flour (Atta)	Amrit Bhog	India	1kg	45	39	44
9		Flour (Atta)	Amrit Bhog	India	5kg	220	190	201
10		Flour (Maida)	Amrit Bhog	India	1kg	50	39	45
11		Flour (Maida)	Amrit Bhog	India	5kg	220	195	202
12		Instant Noodle	Koka (Chicken Flavour)	Singapore	85g	30	30	30
13		Instant Noodle	Maggi (Masala)	India	75g	10	10	10
14		Instant Noodle	Wai Wai (Chicken)	India	75g	10	9	10
15		Instant Noodle	Samyang Ramen (Spicy Chicken)	Korea	140g	90	80	88
16		Veg Noodles	Druk Noodles	Bhutan	400g	35	35	35
17		Buckwheat Noodles	Bhutan Ramen (Phuntshok Pal Biew)	Bhutan	-	NA	NA	NA
18		Spaghetti	Gustora Fettucini	India	500g	149	149	149
19		Fusilli Pasta	Finosta	India	500g	130	80	98
20		Elbow Pasta	Keya	India	500g	100	100	100
21	Frozen and Processed Meat Products	Tuna Chunk in Soya Oil	Nautilus Lite	Thailand	125g	150	135	143
22		Tuna in Vegetable oil	Brook	Thailand	125g	160	145	151
23		Chicken Frankfurter Sausage	BLDC, Bhutan	Bhutan	450g	NA	NA	NA
24		Chicken Sausage (Local Flavored)	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
25		Pork Ham	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
26		Chicken Sausages	Keventer	India	500g	NA	NA	NA
27	Breakfast Cereals & Biscuits	Cornflakes (original)	Kellogs	India	250g	95	90	94
28		Muesli (Fruit and Nut)	Bagrrys	India	500g	377	315	341
29		Chocoflakes	Shanti	India	375g	168	168	168
30		Good day Biscuit (Butter)	Britannia	India	250g	35	30	33
31		Marie Gold Biscuits	Britannia	India	250g	40	30	35
32		Cream Crackers (original)	Hup Seng	Malaysia	428g	130	110	119
33		Cream Crackers	Munchy	Malaysia	300g	130	110	116
34		White Oat	Bagrrys	India	500g	100	99	100

35	Dairy and Poultry Products	Toned Milk	Amul Taaza	India	1 ltr	80	66	70
36		Toned Milk	Keventer	India	1 ltr	69	65	66
37		Toned Milk	Go	India	1 ltr	68	68	68
38		Toned Milk	Zimdra Nutrilife	Bhutan	1 ltr	79	66	73
39		Fresh Milk	Local	Bhutan	1ltr	65	65	65
40		Processed Butter	Amul	India	500g	255	245	251
41		Fresh Butter	Local	Bhutan	1kg	450	450	450
42		Fresh Cheese	Local	Bhutan	1 ball	60	50	55
43		Processed Cheese	Amul Cheese Block	India	1kg	575	510	536
44		Processed Cheese	Britannia Cheese Block	India	1kg	575	420	525
45		Processed Cheese	Go Cheese Block	India	1kg	NA	NA	NA
46		Processed Cheese	Koufuku (Druk Dzambala)	Bhutan	1kg	500	490	497
47		Egg	Local	Bhutan	1 tray (30 eggs)	200	200	200
48		Tea, Coffee, Sweetener & Salt	Milk Powder	Everyday, Nestle	India	800g	435	410
49	Milk Powder		Everyday, Nestle	India	400g	420	220	241
50	Milk Powder		Nestle CoffeeMate	Thailand	450g	NA	NA	NA
51	Milk Powder		Nestle CoffeeMate	Thailand	900g	400	370	385
52	Milk Powder		Kreamtop	Thailand	1kg	400	350	375
53	Tea Leaves		Taro Taza Gold	India	500g	290	160	257
54	Tea Leaves		Brooke Bond Red Label	India	500g	130	125	128
55	Refined Sugar		Gobind Crystal Sugar	India	850g	55	45	50
56	Refined Sugar		Amrit Gold Crystal Sugar	India	750g	50	40	46
57	Coffee		Nescafe Classic	India	200gm	80	80	80
58	Coffee		Moccona Classic	Thailand	190gm	NA	NA	NA
59	Coffee		Nescafe Gold	Thailand	100g	310	310	310
60	Salt		TATA	India	1kg	25	10	16
61	Salt		Saffola	India	1kg	40	35	39
62	Fruit Juice and Squash	Apple Juice	Zimdra Nutrilife	Bhutan	1ltr	NA	NA	NA
63		Guava Juice	Zimdra Nutrilife	Bhutan	1ltr	120	100	110
64		Orange Juice	Zimdra Nutrilife	Bhutan	1ltr	NA	NA	NA
65		Litchi Juice	Zimdra Nutrilife	Bhutan	1ltr	NA	NA	NA
66		Mixed Fruit	Zimdra Nutrilife	Bhutan	1ltr	120	120	120
67		Orange Squash	Druk (BFPPL)	Bhutan	1.5ltr	135	124	130
68		Lemon Squash	Druk (BFPPL)	Bhutan	1.5ltr	135	124	128
69		Orange Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	130	100	119
70		Lemon Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	130	110	124
71		Apple Juice	Royal Bhutan (BAIL)	Bhutan	1 L	95	95	95

72	Edible Oil	Groundnut oil	Fortune Goldnut	India	5ltr	NA	NA	NA
73		Soyabean oil	Saffola Gold	India	5ltr	1240	1100	1165
74		Soyabean oil	Fortune Refine Oil	India	5ltr	1150	800	1019
75		Soyabean oil	Natural Lite	India	4.5 ltr	680	630	655
76		Soyabean oil	Happy Makhu	Bhutan	3.9ltr	NA	NA	NA
77		Olive oil	Oleev Active	India	5ltr	1395	1390	1393
78		Toiletries	Toothpaste	Colgate Max Fresh	India	150g	103	95
79	Toothpaste		Colgate Active Salt	India	200g	60	60	60
80	Toothpaste		Dabur Red	India	100g	60	60	60
81	Bathing Soap		RB Dettol	India	125g	45	30	38
82	Bathing Soap		Hul Life Buoy	India	125g	49	25	32
83	Dishwashing Soap		Exo Round Bar	India	500g	78	50	56
84	Dishwashing Soap		E&B Dishwashing Soap	China	400g	100	90	96
85	Detergent		Henko Stain Champion	India	5kg	825	740	782
86	Detergent		Mr White	India	1kg	80	80	80
87	Sanitary Napkin		Stayfree Secure Extra Large	India	-	78	35	43
88	Sanitary Napkin		Stayfree Dry Max	India	-	95	90	93
89	Sanitary Napkin		Orfit	India	-	37	25	31
90	Sanitary Napkin		Sofy	Thailand	-	NA	NA	NA
91	Tissue Roll		Zilk	Thailand	1 roll	20	20	20
92	Tissue Roll		Pulppy	Hongkong	1 roll	NA	NA	NA
93	Tissue Roll	Meto	Bhutan	1 roll	30	20	23	

\*The market price has been collected from 14 major grocery shops of the Thromde