

Market Price Information of Thimphu for May, 2022

Sl no	Category	Product	Brand / Trade Name	Country of Origin	Specification (Net weight/ Volume)	Price of Goods		
						Highest	Lowest	Average
1	Rice, Flour & Pasta	Basmati Rice	Zheychum Dangpa	Bhutan	20kg	1200	1200	1200
2		Basmati Rice	Zheychum Chogjur	Bhutan	20kg	1350	1300	1322
3		Basmati Rice	Nawab	India	20kg	1325	1200	1245
4		Basmati Rice	Tibar	India	25 kg	1280	1200	1245
5		Surekha Rice	SK Gold	India	25kg	780	700	737
6		Surekha Rice	SK & Sons	India	25 kg	900	900	900
7		Sortex Rice	Raj Bhog Kumar	India	25kg	1250	1000	1057
8		Flour (Atta)	Amrit Bhog	India	1kg	50	40	45
9		Flour (Atta)	Amrit Bhog	India	5kg	210	190	196
10		Flour (Maida)	Amrit Bhog	India	1kg	50	45	46
11		Flour (Maida)	Amrit Bhog	India	5kg	210	190	195
12		Instant Noodle	Koka (Chicken Flavour)	Singapore	85g	35	30	32
13		Instant Noodle	Maggi (Masala)	India	75g	15	10	11
14		Instant Noodle	Wai Wai (Chicken)	India	75g	15	10	11
15		Instant Noodle	Samyang Ramen (Spicy Chicken)	Korea	140g	130	75	87
16		Veg Noodles	Druk Noodles	Bhutan	400g	130	40	85
17		Buckwheat Noodles	Bhutan Ramen (Phuntshok Pal Biew)	Bhutan	-	NA	NA	NA
18		Spaghetti	Gustora Fettucini	India	500g	145	120	130
19		Fusilli Pasta	Finosta	India	500g	145	100	125
20		Elbow Pasta	Keya	India	500g	135	100	118
21	Frozen and Processed Meat Products	Tuna Chunk in Soya Oil	Nautilus Lite	Thailand	125g	145	130	136
22		Tuna in Vegetable oil	Brook	Thailand	125g	145	130	140
23		Chicken Frankfurter Sausage	BLDC, Bhutan	Bhutan	450g	NA	NA	NA
24		Chicken Sausage (Local Flavored)	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
25		Pork Ham	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
26		Chicken Sausages	Keventer	India	500g	NA	NA	NA

27	Breakfast Cereals & Biscuits	Cornflakes (original)	Kellogs	India	250g	110	110	110
28		Muesli (Fruit and Nut)	Bagrrys	India	500g	NA	NA	NA
29		Chocoflakes	Shanti	India	375g	110	110	110
30		Good day Biscuit (Butter)	Britannia	India	250g	30	30	30
31		Marie Gold Biscuits	Britannia	India	250g	35	30	33
32		Cream Crackers (original)	Hup Seng	Malaysia	428g	120	100	115
33		Cream Crackers	Munchy	Malaysia	300g	120	110	113
34		White Oat	Bagrrys	India	500g	100	99	99
35	Dairy and Poultry Products	Toned Milk	Amul Taaza	India	1 ltr	75	65	69
36		Toned Milk	Keventer	India	1 ltr	70	65	67
37		Toned Milk	Go	India	1 ltr	65	63	64
38		Toned Milk	Zimdra Nutrilife	Bhutan	1 ltr	80	75	78
39		Fresh Milk	Local	Bhutan	1ltr	75	75	75
40		Processed Butter	Amul	India	500g	250	240	243
41		Fresh Butter	Local	Bhutan	1kg	550	500	517
42		Fresh Cheese	Local	Bhutan	1 ball	520	520	520
43		Processed Cheese	Amul Cheese Block	India	1kg	500	415	472
44		Processed Cheese	Britannia Cheese Block	India	1kg	550	490	507
45		Processed Cheese	Go Cheese Block	India	1kg	525	220	373
46		Processed Cheese	Koufuku (Druk Dzambala)	Bhutan	1kg	485	420	453
47		Egg	Local	Bhutan	1 tray (30 eggs)	230	200	211
48	Tea, Coffee, Sweetener & Salt	Milk Powder	Everyday, Nestle	India	800g	435	210	387
49		Milk Powder	Everyday, Nestle	India	400g	220	195	207
50		Milk Powder	Nestle CoffeeMate	Thailand	450g	290	240	256
51		Milk Powder	Nestle CoffeeMate	Thailand	900g	460	360	419
52		Milk Powder	Kreamtop	Thailand	1kg	390	320	350
53		Tea Leaves	Taro Taza Gold	India	500g	290	260	277
54		Tea Leaves	Brooke Bond Red Label	India	500g	65	50	57
55		Refined Sugar	Gobind Crystal Sugar	India	850g	50	45	48
56		Refined Sugar	Amrit Gold Crystal Sugar	India	750g	50	45	49
57		Coffee	Nescafe Classic	India	200gm	NA	NA	NA
58		Coffee	Moccona Classic	Thailand	45gm	180	175	178
59		Coffee	Nescafe Gold	Thailand	100g	475	470	473
60		Salt	TATA	India	1kg	20	15	17
61		Salt	Saffola	India	1kg	45	30	39

62	Fruit Juice and Squash	Apple Juice	Zimdra Nutriline	Bhutan	1ltr	129	125	127
63		Guava Juice	Zimdra Nutriline	Bhutan	1ltr	129	125	126
64		Orange Juice	Zimdra Nutriline	Bhutan	1ltr	140	125	131
65		Litchi Juice	Zimdra Nutriline	Bhutan	1ltr	129	125	127
66		Mixed Fruit	Zimdra Nutriline	Bhutan	1ltr	129	125	126
67		Orange Squash	Druk (BFPL)	Bhutan	1.5ltr	130	125	127
68		Lemon Squash	Druk (BFPL)	Bhutan	1.5ltr	125	125	125
69		Orange Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	130	110	123
70		Lemon Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	130	110	123
71		Apple Juice	Royal Bhutan (BAIL)	Bhutan	1 L.	95	95	95
72	Edible Oil	Groundnut oil	Fortune Goldnut	India	5ltr	NA	NA	NA
73		Soyabean oil	Saffola Gold	India	5ltr	1230	1100	1156
74		Soyabean oil	Fortune Refine Oil	India	5ltr	850	850	850
75		Soyabean oil	Natural Lite	India	4.5 ltr	660	650	655
76		Soyabean oil	Happy Makhu	Bhutan	3.9ltr	650	630	646
77		Olive oil	Oleev Active	India	5ltr	1370	1340	1355
78	Toiletries	Toothpaste	Colgate Max Fresh	India	150g	100	60	87
79		Toothpaste	Colgate Active Salt	India	200g	105	55	80
80		Toothpaste	Dabur Red	India	100g	58	55	57
81		Bathing Soap	RB Dettol	India	125g	50	50	50
82		Bathing Soap	Hul Life Buoy	India	65g	40	35	38
83		Dishwashing Soap	Exo Round Bar	India	500g	50	45	48
84		Dishwashing Soap	E&B Dishwashing Soap	China	400g	90	90	90
85		Detergent	Henko Stain Champion	India	5kg	780	765	769
86		Detergent	Mr White	India	1kg	70	65	66
87		Sanitary Napkin	Stayfree Secure Extra Large	India	-	40	35	37
88		Sanitary Napkin	Stayfree Dry Max	India	-	95	25	61
89		Sanitary Napkin	Orfit	India	-	40	30	33
90		Sanitary Napkin	Sofy	Thailand	-	90	90	90
91		Tissue Roll	Zilk	Thailand	1 roll	25	20	23
92		Tissue Roll	Pulppy	Hongkong	1 roll	25	25	25
93	Tissue Roll	Meto	Bhutan	1 roll	25	20	23	

*The market price has been collected from 35 major grocery shops of the Dzongkhag