

**Market Price Information of Tsirang for May, 2022**

Sl no	Category	Product	Brand / Trade Name	Country of Origin	Specification (Net weight/ Volume)	Price of Goods		
						Highest	Lowest	Average
1	<b>Rice, Flour &amp; Pasta</b>	Basmati Rice	Zheychum Dangpa	Bhutan	20kg	NA	NA	NA
2		Basmati Rice	Zheychum Chogjur	Bhutan	20kg	NA	NA	NA
3		Basmati Rice	Nawab	India	20kg	1250	1200	1230
4		Basmati Rice	Tibar	India	25 kg	1290	1290	1290
5		Surekha Rice	SK Gold	India	25kg	780	720	738
6		Surekha Rice	SK & Sons	India	25 kg	780	740	757
7		Sortex Rice	Raj Bhog Kumar	India	25kg	980	980	980
8		Flour (Atta)	Amrit Bhog	India	1kg	45	40	43
9		Flour (Atta)	Amrit Bhog	India	5kg	210	100	188
10		Flour (Maida)	Amrit Bhog	India	1kg	45	40	43
11		Flour (Maida)	Amrit Bhog	India	5kg	210	200	205
12		Instant Noodle	Koka (Chicken Flavour)	Singapore	85g	30	30	30
13		Instant Noodle	Maggi (Masala)	India	75g	10	10	10
14		Instant Noodle	Wai Wai (Chicken)	India	75g	10	10	10
15		Instant Noodle	Samyang Ramen (Spicy Chicken)	Korea	140g	85	80	84
16		Veg Noodles	Druk Noodles	Bhutan	400g	30	25	28
17		Buckwheat Noodles	Bhutan Ramen (Phuntshok Pal Biew)	Bhutan	-	75	75	75
18		Spaghetti	Gustora Fettucini	India	500g	140	140	140
19		Fusilli Pasta	Finosta	India	500g	NA	NA	NA
20		Elbow Pasta	Keya	India	500g	140	130	137
21	<b>Frozen and Processed Meat Products</b>	Tuna Chunk in Soya Oil	Nautilus Lite	Thailand	125g	160	150	155
22		Tuna in Vegetable oil	Brook	Thailand	125g	160	150	153
23		Chicken Frankfurter Sausage	BLDC, Bhutan	Bhutan	450g	NA	NA	NA
24		Chicken Sausage (Local Flavored)	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
25		Pork Ham	BLDC, Bhutan	Bhutan	1kg	NA	NA	NA
26		Chicken Sausages	Keventer	India	500g	NA	NA	NA

27	<b>Breakfast Cereals &amp; Biscuits</b>	Cornflakes (original)	Kellogs	India	250g	95	95	95	
28		Muesli (Fruit and Nut)	Bagrrys	India	500g	NA	NA	NA	
29		Chocoflakes	Shanti	India	375g	110	110	110	
30		Good day Biscuit (Butter)	Britannia	India	250g	30	30	30	
31		Marie Gold Biscuits	Britannia	India	250g	35	30	31	
32		Cream Crackers (original)	Hup Seng	Malaysia	428g	120	110	115	
33		Cream Crackers	Munchy	Malaysia	300g	120	110	113	
34		White Oat	Bagrrys	India	500g	NA	NA	NA	
35	<b>Dairy and Poultry Products</b>	Toned Milk	Amul Taaza	India	1 ltr	65	65	65	
36		Toned Milk	Keventer	India	1 ltr	65	65	65	
37		Toned Milk	Go	India	1 ltr	65	65	65	
38		Toned Milk	Zindra Nutrilife	Bhutan	1 ltr	65	65	65	
39		Fresh Milk	Local	Bhutan	1ltr	NA	NA	NA	
40		Processed Butter	Amul	India	500g	245	245	245	
41		Fresh Butter	Local	Bhutan	1kg	NA	NA	NA	
42		Fresh Cheese	Local	Bhutan	1 ball	35	35	35	
43		Processed Cheese	Amul Cheese Block	India	1kg	470	460	465	
44		Processed Cheese	Britannia Cheese Block	India	1kg	510	500	502	
45		Processed Cheese	Go Cheese Block	India	1kg	NA	NA	NA	
46		Processed Cheese	Koufuku (Druk Dzambala)	Bhutan	1kg	NA	NA	NA	
47		Egg	Local	Bhutan	1 tray (30 eggs)	380	350	368	
48		<b>Tea, Coffee, Sweetener &amp; Salt</b>	Milk Powder	Everyday, Nestle	India	800g	390	380	386
49			Milk Powder	Everyday, Nestle	India	400g	220	200	216
50	Milk Powder		Nestle CoffeeMate	Thailand	450g	NA	NA	NA	
51	Milk Powder		Nestle CoffeeMate	Thailand	900g	460	430	447	
52	Milk Powder		Kreamtop	Thailand	1kg	390	370	383	
53	Tea Leaves		Taro Taza Gold	India	500g	290	260	282	
54	Tea Leaves		Brooke Bond Red Label	India	500g	NA	NA	NA	
55	Refined Sugar		Gobind Crystal Sugar	India	850g	45	45	45	
56	Refined Sugar		Amrit Gold Crystal Sugar	India	750g	45	45	45	
57	Coffee		Nescafe Classic	India	200gm	300	300	300	
58	Coffee		Moccona Classic	Thailand	190gm	350	290	316	
59	Coffee		Nescafe Gold	Thailand	100g	480	320	400	
60	Salt		TATA	India	1kg	15	15	15	
61	Salt	Saffola	India		95	45	70		

62	<b>Fruit Juice and Squash</b>	Apple Juice	Zimdra Nutrilife	Bhutan	1ltr	95	95	95
63		Guava Juice	Zimdra Nutrilife	Bhutan	1ltr	120	120	120
64		Orange Juice	Zimdra Nutrilife	Bhutan	1ltr	95	95	95
65		Litchi Juice	Zimdra Nutrilife	Bhutan	1ltr	80	80	80
66		Mixed Fruit	Zimdra Nutrilife	Bhutan	1ltr	NA	NA	NA
67		Orange Squash	Druk (BFPPL)	Bhutan	1.5ltr	120	110	115
68		Lemon Squash	Druk (BFPPL)	Bhutan	1.5ltr	120	110	117
69		Orange Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	120	110	112
70		Lemon Squash	Royal Bhutan (BAIL)	Bhutan	1.5ltr	110	110	110
71		Apple Juice	Royal Bhutan (BAIL)	Bhutan	1 L	95	90	93
72		<b>Edible Oil</b>	Groundnut oil	Fortune Goldnut	India	5ltr	1240	1240
73	Soyabean oil		Saffola Gold	India	5ltr	1225	1190	1205
74	Soyabean oil		Fortune Refine Oil	India	5ltr	900	650	692
75	Soyabean oil		Natural Lite	India	4.5 ltr	650	540	607
76	Soyabean oil		Happy Makhu	Bhutan	3.9ltr	650	650	650
77	Olive oil		Oleev Active	India	5ltr	1120	1060	1090
78	<b>Toiletries</b>	Toothpaste	Colgate Max Fresh	India	150g	100	95	98
79		Toothpaste	Colgate Active Salt	India	200g	105	100	103
80		Toothpaste	Dabur Red	India	100g	55	55	55
81		Bathing Soap	RB Dettol	India	125g	35	33	34
82		Bathing Soap	Hul Life Buoy	India	65g	30	20	25
83		Dishwashing Soap	Exo Round Bar	India	500g	70	45	62
84		Dishwashing Soap	E&B Dishwashing Soap	China	400g	NA	NA	NA
85		Detergent	Henko Stain Champion	India	5kg	890	720	766
86		Detergent	Mr White	India	1kg	75	75	75
87		Sanitary Napkin	Stayfree Secure Extra Large	India	-	37	35	37
88		Sanitary Napkin	Stayfree Dry Max	India	-	90	90	90
89		Sanitary Napkin	Orfit	India	-	40	40	40
90		Sanitary Napkin	Sofy	Thailand	-	60	60	60
91		Tissue Roll	Zilk	Thailand	1 roll	NA	NA	NA
92		Tissue Roll	Pulppy	Hongkong	1 roll	35	35	35
93		Tissue Roll	Meto	Bhutan	1 roll	25	25	25

\*The market price has been collected from 6 major grocery shops of the Dzongkhag