

Market Price Information of Paro for October, 2022

Sl.No	Category	Product	Brand/Trade Name	Country of Origin	Specification (Net weight/ Volume)	Price of goods (Nu)		
						Min	Max	Average
1	Rice, Flour, noodles & cereals	Basmati Rice	Zheychem Chogjur	Bhutan	20kg	1300	1350	1329
2		Basmati Rice	Nawab	India	20kg	1200	1350	1290
3		Basmati Rice	Tibar	India	25 kg	1220	1350	1304
4		Surekha Rice	Sk Gold	India	25kg	720	830	777
5		Surekha Rice	SK & Sons	India	25 kg	780	780	780
6		Sortex Rice	Raj Bhog Kumar	India	25kg	1050	1300	1134
7		Flour (Atta)	Amrit Bhog	India	1kg	55	70	65
8		Flour (Maida)	Amrit Bhog	India	1kg	65	70	69
9		Dal	Moong	India	1kg	120	150	132
10		Dal	Masoor	India	1kg	100	130	117
11		Instant Noodle	Koka (Chicken Flavour)	Singapore	85g	30	35	34
12		Instant Noodle	Maggi (Masala)	India	75g	10	10	10
13		Instant Noodle	Wai Wai (Chicken)	India	75g	10	10	10
14	Dairy and Poultry Products	Toned Milk	Amul Taaza	India	1 ltr	70	70	70
15		Toned Milk	Keventer	India	1 ltr	65	70	69
16		Processed Butter	Amul	India	500g	250	260	254
17		Processed Cheese	Amul Cheese Block	India	1kg	500	540	528
18		Processed Cheese	Britannia Cheese Block	India	1kg	520	550	531
19		Egg	Local	Bhutan	1 tray (30 eggs)	250	300	288

20	Tea,Coffee, sweeter and salt	Milk Powder	Everyday/Nestle	India	400g	380	450	413
21		Tea Leaves	Taro Taza Gold	India	500g	130	135	133
22		Tea Leaves	Brooke Bond Red label	India	500g	130	135	131
23		Refined Sugar	Amrit Gold Crystal Sugar	India	750g	45	60	55
24		Coffee	Nescafe Classic	India	200gm	170	330	301
25		Salt	Tata	India	1kg	15	20	16
26		Salt	Saffola	India	1kg	30	40	39
27	Edible Oil	Soyabean Oil	Saffola Gold	India	5ltr	1250	1300	1271
28		Soyabean Oil	Happy makhu	Bhutan	3.9ltr	540	580	560
29		Soyabean Oil	Fortune refined Oil	India	5ltr	980	1050	1015

***The market price has been collected from 8 major grocery shops of the Dzongkhag**